

Psychological Interventions in Response to Stress and Distress in Dementia: Programme Update Launch Event

26th June 2019

Time: 9.30am-12.30pm (with lunch provided)

Venue: Stirling Court Hotel

Background

Psychological Interventions in Response to Stress and Distress in Dementia was initially developed in 2012 with the aim of increasing the health and social care workforce capacity to utilise non-pharmacological interventions in response to stress and distress in dementia and support Health Boards to achieve the commitments set out in Scotland's National Dementia Strategy (2010). Since this time, it has been central in supporting the delivery and sustainability of psychological interventions and psychologically informed care for people with dementia. The last seven years have seen significant developments in the strategic and policy context in dementia care in Scotland. These changes have influenced the planning and provision of education in psychological care and Psychological Interventions in Response to Stress and Distress in Dementia now sits within a stepped care model of training for health and social care staff working with people with dementia. As a result, it was thought that a refresh of the programme would be of benefit to ensure it remains fit for purpose within the current national context. Attendees will be given the opportunity to learn about the changes made to programme, obtain copies of all refreshed materials required to deliver the programme in their local area, and ask any questions regarding materials or facilitation.

Facilitators

Dr Claire Donaghey, Head of Programme, Psychology of Dementia, NHS Education for Scotland (NES)

Dr Victoria Thomson, Principal Educator, Psychology of Dementia, NHS Education for Scotland (NES)

Aims of event

- To provide an update regarding the development of Psychological Interventions in Response to Stress and Distress in Dementia over the last 7 years.
- To outline the rationale for refreshing Psychological Interventions in Response to Stress and Distress in Dementia programme.
- To introduce revisions to the content and case studies included in the Psychological Interventions in Response to Stress and Distress in Dementia programme.
- To highlight changes in content and programme structure to existing S&D Trainers and Practitioners.

Who should attend

- Individuals with an operational and strategic remit within their role and are a key stakeholder within their Health Board/Local Authority area in relation to training in dementia care. For example, Consultant Clinical Psychologist, Dementia Nurse Consultant, AHP Consultant, Service/Operational Manager, Clinical/Service Lead.
- Current Psychological Interventions in Response to Stress and Distress in Dementia Trainers (have attended NES Training for Trainers programme).

Workshop application

Please click on the link below to apply for a place:

<https://response.questback.com/nhseducationforscotland/jcm4esdemf>

Please note that the closing date for application is **5pm on Friday 31st May 2019**, and confirmation of places will be made the following week.

If you have any queries please contact Gene Batimana, team administrator at Gene.Batimana@nes.scot.nhs.uk